

### Little Deeds, Big Difference competition

A chance to say thank you to those members of the church who are always there, first to roll up their sleeves and lend a hand. We want to hear about these volunteers so we can help you show your gratitude and, by sharing their stories, inspire others to get involved and volunteer. Five of the winning churches will receive £2,000 and with the overall winning church will receive £10,000! Elizabeth Kitley and Margaret Grover are collecting suggestions for nominations from St John's now!! More information is displayed on the notice board or at <https://churchcomp.ecclesiastical.com/>



### A BIG thank you to Ruth and Maria

Our small but faithful Sunday School and Messy Church is now on break for the summer. We are so grateful for the effort Maria and Ruth put into Family Ministry on our behalf. Many seeds are planted and we have to trust that the Holy Spirit continues to work in the young people they have ministered to over the last year. We are confident that God will provide us with new opportunities to reach out to children and families when school returns. Bless you all!!!

### Services @ St John's

Thursday	10.00 am	Holy Communion (1982 Liturgy)
Sunday	9.00 am	Holy Communion (1970 Liturgy)
	10.00 am	Sunday School—upstairs in the Centre
	10.30 am	Sung Eucharist (1982 Liturgy)



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[www.stjohnsjedburgh.org.uk](http://www.stjohnsjedburgh.org.uk)

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### On Being Honourable and Mark 5:25-33

This week I read an article called *'Five Ways To Speak To A Victim Culture'* in which the author, UK apologist Michael Ramsden asserts that Western culture is no longer based on honour and dignity but on pain and grievance. He says *"Three of the most powerful words in the English language right now are: I am offended."*

Now in some ways I support his premise that as Christians we need to be aware of the way we share the Gospel with people and some of his suggestions are worthy...*'find ways to engage with people and help them understand the consequence of where they're going...we desperately need to recover the basis of respect... Christians should become peacemakers... we have to make sure that we're not simply seen as good people who want to fight the world on a bunch of issues, but actually we have a radically different gospel that we wish to present.'*

However, he also says *"In an honour culture, it's not honourable to be offended for suffering a microaggression and it's not dignified to respond with anger..."* and here is where I get twitchy. Maybe I'm just a bit oversensitive but his article seems to be implying that to challenge or disagree or be angry is playing the victim and therefore not honourable.

**One privileged person's 'microaggression' may well be the back-breaking straw for a marginalised person. I think what is happening is that those on the edges, those who have been suppressed, oppressed, vilified or excluded are no longer willing to have their voices squashed, devalued or diminished. Being a 'victim' is passively accepting your oppression and I don't think there is anything particularly honourable in that.**

The story of the un-named woman healed by touching Jesus' cloak in Mark 5:25-33 gives a different view of 'honour'. The woman is honourable because she had the courage to stand up to aggression; to break taboos; to no longer accept the rejection of those around her. In doing so she is a discomfort to those with power, authority and privilege. She is not playing the role assigned to her by scripture, law, tradition and expectation because her need and her faith were greater.

The Good News of Jesus Christ compels us to speak out and challenge those who would try to diminish the voices of those who have every right to be angry. May we find in the Gospel the same hope and strength that comforts the afflicted and afflicts the comfortable... for that is truly honourable.

Quotes from <https://www.eternitynews.com.au/culture/five-ways-to-speak-to-a-victim-culture/>

## 09.00 HOLY COMMUNION 1970 LITURGY

Collect and Lessons for Trinity 5 on page 214 of the Scottish Prayer Book

1 Peter 3:8      Luke 5:1

## 10.30 SUNG EUCHARIST 1982 LITURGY

Introit:            **NEH 485    Thy hand, O God has guided**

**PREPARATION** (page 1)

**Collect:** O God, the protector of all who trust in you, without whom nothing can be whole and nothing can be holy: increase your mercy towards us, that, with you as our ruler and guide, we may so enjoy the good things of time, as not to lose the things of eternity; through Jesus Christ, our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, world without end. **Amen**

**LITURGY OF THE WORD** (page 3)

1st reading:      2 Samuel 1:1, 17—27                    *(p.295 in pew Bible)*

Psalm 130        **Ⲗ:Out of the depths have I called you, O Lord**

2nd reading:    2 Corinthians 8:7—15                    *(p.195 in pew Bible)*

Gradual hymn:   **NEH 323    Father of Mercy, God of consolation**

Gospel:            Mark 5:21—43                            *(p.42 in pew Bible)*

Sermon, Creed, Intercessions, Confession, Peace

Offertory hymn   **God, We Sense Your Peace and Power**

God, we sense your peace and power In this place we love so much.  
We are moved by gentle fragrance; We are blessed by healing touch.  
In these pews we hear the gospel; We see life beyond compare.  
Here we gather at your table, Tasting love in meals we share.

Jesus taught, and crowds went with him; They knew illness, grief and strife.  
Twelve years sick, a suffering woman Hoped his touch would change her life.  
Jesus stopped to heal and bless her; He healed Jairus' daughter, too.  
God we seek your gift of healing; Touch our lives and make us new.

God, your gift of touch can heal us Through a hug or kind embrace.  
When we share the peace you give us, It can change us, by your grace.  
When we offer prayers for healing, Laying hands on those in need,  
By your loving, gentle caring, Those who hurt are blessed and freed.

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## EUCCHARISTIC PRAYER AND COMMUNION (Page 6)

Anthem

Prayer after Communion: **God of power, we are nourished by the riches of your grace. Raise us to new life in your Son Jesus Christ and fit us for his eternal kingdom, that all the world may call him Lord. We ask this in his name. Amen**

Post-communion hymn: **NEH 443      Rejoice the Lord is King**

Blessing and Dismissal

*Please join us for refreshments after the 10.30 service*

### Jethart Callant Festival

**Sunday 8th July The Kirkin' of the Callant** will take place in Jedburgh Old & Trinity Parish Church at 6:30pm.

**Friday 13 July Festival Day 8.00 am to 8.30** We are looking for a team of volunteers to set up a trestle in the Lych Gate from 7am and help serve something refreshing . Contact Elizabeth Martin on 01835 863275

*Looking for a calm place in a frantic world?*

*Wondering how to make meaning of the stuff of life?*

**An Introduction to Mindfulness and Deep Listening**

**7.00 –8.30pm Tuesday 7th, 14th and 28th August**

**Jethart Youth Hub, High Street, Jedburgh**

Many people struggle with finding the place of peace and calm in this complicated world. This 3 week introduction hopes to share some techniques, practices and principles in an open, friendly space. Meditation, mindfulness, contemplation, deep listening, soul talk, spirituality, being present... want to find out more?

Contact Andrew Cooper 07863 047824 or [ajsc2@outlook.com](mailto:ajsc2@outlook.com)